The Matrix Conspiracy Fascism (The Matrix Dictionary)

This article is updates and commentaries to the main article: <u>The Fascism of Theosophy</u>.

First of all: Fascism is an ideology. And ideology altogether is a psychic disease. You are not in doubt about, that ideology is a psychic disease if you look at its collective manifestations. It appears for example in the form of ideologies such as Communism, Liberalism, Conservatism, National Socialism and any other nationalism, or in the form of rigid religious systems of faith, which function with the implied assumption, that the supreme good lay out in the future, and that the end therefore justifies the means. The goal is an idea, a point out in a future, projected by the mind, where salvation is coming in some kind – happiness, satisfaction, equality, liberation, etc. It is not unusual, that the means to come to this is to make people into slaves, torture them and murder them here and now.

That a thought-system has developed into an ideology shows in, that it is a closed system, which is shared by a large group of people. Such a closed system has especially two distinctive characters: 1) It allows no imaginable circumstance to talk against the ideology. 2) It refuses all critique by analysing the motives in the critique in concepts, which is collected from the ideology itself (an ideology always thinks black and white, and therefore always has an anti-ideology, an enemy image, which it attribute on to everyone, who don't agree).

An ideology is therefore characterized by, that it is not able to contain, or direct refuses, rationality and critical thinking. We all know how dissidents have been killed, jailed and tortured under totalitarian ideologies.

Fascism is of course mostly known from the fascistic dictatorships with Italy and Mussolini (1922) and Germany and Hitler (1933) as the most important examples.

Although Fascism is considered to have first emerged in France in the 1880s, its influences have been considered to go back as far as Julius Caesar. Thomas Hobbes, Niccoló Machiavelli, and Hegel have also been considered as influential, as well as contemporary ideas such as the syndicalism of Georges Soral, the futurism of Filippo

Tommaso Marinetti, the nationalist and authoritarian philosophy of Oswald Spengler and the conservatism and Social Darwinism of Enrico Corradini.

The synthesizing of authority, hierarchy, race, eugenics, purity, unity, spirit, within these influences, is shared by Theosophy, where reductionisms such as biologism, psychologism, sociologism and historism go hand in hand. And the tendency continues in New Age and Ufology.

Fascism is often mischaracterized as "extreme right", although writers have found placing Fascism on a conventional left-right political spectrum difficult. There is a scholarly consensus that Fascism was influenced by both left and right. Some fascists have themselves promoted their ideology as a "third way" between Capitalism and Communism.

Theosophy, and all its multiplicity of branches, is a central part of my concept of the Matrix Conspiracy fascism.

There are two central influences which you can see are recurring: Social Darwinism and Friedrich Nietzsche.

The term Social Darwinism is used to refer to various ways of thinking and theories that emerged in the second half of the 19th century and tried to apply the evolutionary concept of natural selection to human society. The term itself emerged in the 1880s, and it gained widespread currency when used after 1944 by opponents of these ways of thinking. The majority of those who have been categorised as social Darwinists did not identify themselves by such a label.

Scholars debate the extent to which the various Social Darwinist ideologies reflect Charles Darwin's own views on human social and economic issues. His writings have passages that can be interpreted as opposing aggressive individualism, while other passages appear to promote it. Some scholars argue that Darwin's view gradually changed and came to incorporate views from other theorists such as Herbert Spencer. Spencer published his Lamarckian evolutionary ideas about society before Darwin first published his theory in 1859, and both Spencer and Darwin promoted their own conceptions of moral values. Spencer supported laissez-faire capitalism on the basis of his Lamarckian belief that struggle for survival spurred self-improvement which could be inherited. An important proponent in Germany was Ernst Haeckel, who popularized Darwin's thought (and personal interpretation of it) and used it as well to contribute to a new creed, the Monist movement.

Despite the fact that Social Darwinism bears Charles Darwin's name, it is also linked today with others, notably Herbert Spencer, Thomas Malthus, and Francis Galton, the founder of eugenics. In fact, Spencer was not described as a social Darwinist until the 1930s, long after his death. The social Darwinism term first appeared in Europe in 1880, the journalist Emilie Gautier had coined the term with reference to a health conference in Berlin 1877. Around 1900 it was used by sociologists, some being opposed to the concept. The term was popularized in the United States in 1944 by the American historian Richard Hofstadter who used it in the ideological war effort against fascism to denote a reactionary creed which promoted competitive strife, racism and chauvinism. Hofstadter later also recognized (what he saw as) the influence of **Darwinist** evolutionary and other upon those with collectivist views, enough to devise a term for the phenomenon, "Darwinist collectivism". Before Hofstadter's work the use of the term "social Darwinism" in English academic journals was quite rare.

In connection with The Matrix Conspiracy Fascism I have used Richard Dawkins and Ken Wilber to show two versions of social Darwinism, which I claim is two sides of the same Matrix Coin. I use them because they are probably the most known and respected persons.

Dawkins is using the term Meme as a name of cultural evolution. In the skeptical movement of New Atheism you will always find a focus on evolution as more less identical with science, though an atheist view not necessarily have anything to do with a worship of evolutionism.

Wilber is using 5 factors, factors which he claims are the essential elements or keys to unlocking and facilitating human [cultural] evolution.

Ken Wilber calls these 5 elements **quadrants**, **levels**, **lines**, **states** and **types**; that is: quadrants of development, levels or stages of development, states of consciousness, and a human personality typing system, a typology. All of these elements are, right now available in your own awareness, he claims. These 5 elements are not merely theoretical concepts he claims; they are aspects of your own experience, contours of your own consciousness.

Both Dawkins and Wilber are, as Social Darwinists, ending up in reductionism. I won't go into an explanation here, but refer to my two articles on them: <u>A Critique of Richard Dawkins and the Committee for Skeptical Inquiry (CSI)</u> and <u>A Critique of Ken Wilber and His Integral Method</u>.

A warning signal when you are getting close to The Matrix Conspiracy Fascism is always the expression: "The Evolution of Consciousness." If you hear that you can be sure that you have to do with New Age. The main problem with this expression is that the traditional wisdom traditions always have characterized spiritual growth with the concept of awakening. Roughly speaking you can talk about three stages of spiritual growth: sleep, dream and awake. It hasn't anything at all to do with "evolution." It's an utterly misplaced expression. And especially not that this can happen in collective sense. It is purely individual, and very seldom. I have explained this several places. But you can begin with the article on Ken Wilber.

The other influence is Friedrich Nietzsche. In accordance with Nietzsche reality is in its nature dynamic. It is power. The primitive force, which can be retrieved in all reality, Nietzsche calls the will to power. Power is in Nietzsche an expression of increase. The will to power is therefore a power, which discharges itself in the striving towards something more. It is, in accordance with Nietzsche, a creative power, which seeks to form, upgrade, absorb, overcome, restrain, remould etc. The will to power is a life-principle and the basic power in Man. According to Nietzsche.

According to Nietzsche the will to power is the basic power of all life. He therefore thought about a special meaning of the word will. Normally the will is understood as Man's ability to bring a more or less reasonable decision out in life. And ahead of the will's effort goes the consideration. But Nietzsche's will to power is neither connected to reasonable considerations, nor consciousness. On the contrary it describes life's fundamental character of striving towards increase.

Will is normally a psychological concept. It describes an ability, or an aspect, of the human consciousness. In contrast to this Nietzsche is seeing it as an ontological, or metaphysical, concept. The fundamental idea is, that if we shall understand the multifold expressions of all life, then we must interpret them as outcome of will to power. This idea led to Nietzsche's revaluation of all values. The eternal values are only a slavemoral without reality and truth. They are illusions or fictions. Therefore he dethroned reason as the ability to insight in the eternal values. Body, desires, and nature, are the central in Man, not reason. God is dead and the world is chaotic, empty, absurd; something, which Man himself must control. Man must himself create his values: a master moral created by the so-called superman.

Now, if we take Nietzsche, then his idea about the will to power has to do with the outgoing movement of time, the future; but as an ontological principle. He would reject the divine metaphysical source of it all, the destructive backmovement of time,

the past, all the karmic energylaws etc. So what he is talking about is the becoming of everything, becoming and not being; that is: a state of non-being, nothingness, which only you yourself can fill with meaning. So - though Nietzsche is talking about the will to power as a creative force - this is not something positive connected with life itself. Nietzsche's view of life itself, the eternal recurrence of the same, is a view of life devoid of values. God is dead.

According to Nietzsche there neither exists a sensuous, a material, or a spiritual world given in advance. Everything are created by being interpreted. With this Nietzsche introduced a quite central concept: perspectivism. Through our interpretations (language) we directly create the world. And you must therefore have the will and power to create new values, and you must have the power to give them name in a new way, because name-giving is the same as an unfolding of power. Or else you end up as a slave.

To live is to will, to will is to create values. The will to power is becoming through us, and in that way we get control over the things through a perspective.

It is now easy to see how much the modern management theory and coaching industry is inspired by Nietzsche: the relativistic and subjectivistic ideas about that it only is the individual himself who, through his interpretations, or stories, can supply the world with values — or rather, not supply, but directly create it like a God; the denial of the past, and the orientation towards future; the superman idea about being a winner, a succes, a person standing on the top of the mountain; the preaching about that it is not facts, but the best story, which wins.

So, if you combine all of the above with spirituality, you have The Matrix Conspiracy Fascism.

It is important to mention, that evolutionism – also in its most modern Neodarwinistic version – is a natural historical report, and not a natural scientific theory. Neodarwinism can – as all other historical science – only retrospective explain the development up to now in a rational way. This appears clearly from the fact, that it can't give any scientifically well-founded prediction of the future development. It is not possible with any reasonable precision to predict the future biological development on the background of the theoretical foundation of evolutionism.

Until today Man has not been able to do anything in order to change his genes. This has been changed with the modern genetic engineering, which already in principle has made it possible to change the genes of our gametes. In the future the problem about conscious changing peoples' genes in order to improve certain characteristics is

not any technical difficulty. It is in turn a serious ethical and political problem about setting limits and about, where these limits have to be set.

As mentioned, then the reductionism of Theosophy is due to the attempt of synthesizing spirituality and science. Theosophy is especially inspired by Darwinism, and its theories about human evolution. And the idea continues today in New Age and Ufology, where spirituality, apart from Darwinism, furthermore is sought synthesized with new developments within psychology, psychotherapy, natural science, especially biology and quantum mechanics. The whole thing is presented as an ideology with a lot of attempts to predict the future evolution of Man, often connected with eugenics: the applied "science" or the bio-social movement (Social Darwinism) which advocates the use of practises aimed at improving the genetic composition of people, usually referring to human populations.

New Age is permeated with attempts of creating all kinds of new alternative sciences/spiritual "techniques", based on biology, and which is claimed to be able to make changes in the DNA.

Ideologies are using propaganda in order to get their "truths" forced through. In that connection they use thought distortions. Thought distortions are "techniques", that, unconsciuos or conscious, are used from an interest in finding ways of getting on in the world, rather than an interest in finding ways of discovering the truth. Thought distortions are the background for poor reasoning, diversionary ploys, seductive reasoning errors, techniques of persuasion and avoidance, psychological factors, which can be obstacles to clear thought (see my book A Dictionary of Thought Distortions).

Fascism is also known for propaganda. And here Nietzsche must be said to be the Sophist King in his rejection of all use of reason, logic and ethical considerations,

The Matrix Conspiracy Fascism is prophesying a New World Order (New Age) to emerge: the world of alternative history, alternative physics, alternative medicine and, ultimately, alternative reality. Though the means to get there certainly not is violence (they are all the time preaching peace and love) then the means must be considered as less flattering. Psychic violence pops into mind. It's propaganda is permeated with thought distortions.

Gaslightning could be a common term of the propaganda used in an ideology where psychologizing, emotionalizing and therapeutizing theories are introduced everywhere in schools, higher education and workplaces.

Gaslighting is a form of manipulation that seeks to sow seeds of doubt in a targeted individual or members of a group, hoping to make targets question their own memory, perception, and sanity. Using persistent denial, misdirection, contradiction, and lying, it attempts to destabilize the target and delegitimize the target's belief.

The most famous use of gaslightning is in George Orwell's novel 1984.

"War is Peace; Freedom is Slavery; Ignorance is Strength;" is one of the three slogans of the English Socialist Party ("INGSOC" for short) of Oceania, the rulers in his dystopian novel.

The goal of the INGSOC is to achieve total control over the people and, more importantly, over their minds. And here lies the answer.

One of the main mind programs of The Party was the so called "Doublethink", which "describes the act of simultaneously accepting two mutually contradictory beliefs as correct, often in distinct social contexts."

The name *Newspeak* is the name George Orwell gave the language, which the rulers in his dystopian novel had created. The intention with it is to control thinking, to make some ideas impossible to think, including concepts such as good and evil, true and false, beautiful and ugly. In connection with Doublethink they are using concepts such as old-thinking and new-thinking, so that people get a feeling of guilt, every time they use concepts within old-thinking. The rulers are doing this by connecting concepts within old-thinking with the word thought-crime.

The overriding intention is of course to eliminate critical thinking, or said in another way: that people think for themselves.

NewSpeak is today widespread in the positive thinking environment (which is rooted in the New Thought movement, and supported by constructivism – see my articles The New Thought Movement and the Law of Attraction and Constructivism, the postmodern intellectualism behind New Age and the self-help industry).

A long line of "old" words – which according to the ideals of positive thinking – are negative, are in our society systematically being replaced with new, more "positive" sounding words. The idea is that you through thoughts and language can eliminate negativity and suffering. Problems are being given "positive" names, whereby they either are being hidden, denied or simply not are being *acknowledged* as problems.

This is especially seen in the business industry and in the working life. Quite superior words such as "problems" and "difficulties" have been transformed to "possibilities" and "challenges." Within NLP the word failure has been changed to feedback, and many NLP practitioners directly say that there is no such thing as failure – there are only positive feedback or delay (see my article Neuro-linguistic Programming (NLP) and Large Group Awareness Training (LGAT)).

The list over expressions of problems, which in the name of positive thinking, has become converted into something promising, is very long. Guilt has been changed to responsibility, evil to inappropriateness, crisis to growth-potential, dismissals to new beginnings, "to be unsatisfied" to "to seek new challenges", suffering to stress, colleague to fellow player, work to career, problem-orientation to solution-orientation, human working capacity to human resource, sacking to setting free, conclict to conflict-solution, critique to response, leadership to self-leadership, etc., etc.

In the working life people are today educated to *think* positively, both about themselves and about others, to *communicate* positively, and to *speak* with positive words and phrases, which turn problems into challenges.

The whole idea is that negativity simply doesn't exist, except in our thoughts and language. There only exists positivity in the world itself (that is: what the positive thinking movement *itself* believes is positivity – note how we already here see "problems" with the idea).

On July 23, 2012, in San Jose, California., 21 people were treated for burns after walking barefoot over hot coals as part of an event called Unleash the Power Within, starring Tony Robbins. The American journalist Oliver Burkeman is the author of the book *The Antidote: Happiness for People Who Can't Stand Positive Thinking*.

In an article called *The Power of Negative Thinking* Burkeman is asking in a comment to the firewalker incident: What, exactly, did they expect would happen? In fact, there's a simple secret to "firewalking": coal is a poor conductor of heat to surrounding surfaces, including human flesh, so with quick, light steps, you'll usually be fine.

But Mr. Robbins and his acolytes have little time for physics. Burkeman says: "to them, it's all a matter of mind-set: cultivate the belief that success is guaranteed, and anything is possible". One singed but undeterred participant told The San Jose Mercury News: "I wasn't at my peak state."

Burkeman asks: "What if all this positivity is part of the problem? What if we're trying too hard to think positive and might do better to reconsider our relationship to "negative" emotions and situations?"

A positive thinker can never relax, lest an awareness of sadness or failure creep in. And telling yourself that everything must work out is poor preparation for those times when they don't. You can try, if you insist, to follow the famous self-help advice to eliminate the word "failure" from your vocabulary — but then you'll just have an inadequate vocabulary when failure strikes.

The social critic Barbara Ehrenreich has persuasively argued that the all-positive approach, with its rejection of the possibility of failure, helped bring on our present financial crises. The psychological evidence, backed by ancient wisdom, certainly suggests that positive thinking is not the recipe for success that it purports to be.

Americans are a "positive" people - cheerful, optimistic, and upbeat: This is their reputation as well as their self-image. But more than a temperament, being positive is the key to getting success and prosperity. Or so we are told.

In the utterly original debunking book *Bright-Sided – How Positive Thinking is Undermining America*, Barbara Ehrenreich confronts the false promises of positive thinking and shows its reach into every corner of American life, from Evangelical megachurches to the medical establishment, and, worst of all, to the business community, where the refusal to consider negative outcomes - like mortgage defaults - contributed directly to the current economic disaster. With the myth-busting powers for which she is acclaimed, Ehrenreich exposes the downside of positive thinking: personal self-blame and national denial. This is Ehrenreich at her provocative best - poking holes in conventional wisdom and faux science and ending with a call for existential clarity and courage.

She begins her book with a chapter called *Smile or Die: The Bright Side of Cancer*, where she tells that the first attempt to recruit her into positive thinking was when she was diagnosed with breast cancer. She experienced that everything and everybody around her tried to make her "realize that breast cancer is not a problem at all, not even an annoyance – it is a 'gift,' deserving of the most heartfelt gratitude."

Another example is a New Thought "online expert", who not only advised her client to remove the word critique from his online-material, but also to remove "all judgmental terms." If he should take that literally, he might as well close his website.

A third example of the use of NewSpeak is the Danish feminist Susanne Staun who in an article in the Danish newspaper Politiken (July 29, 2017) writes an article about violence and men's violence against women. Here, Susanne Staun explains how the debate is leaked with different strategies. The Headline says:

The tactics of the debate on violence against women are obvious: deny, attack and change victims and offender.

In the article she accuses the medias (newspapers, Facebook, Commentators, etc.) for using a tactic called "Darvo" when it comes to discussing rape and men's violence against women.

The concept of Darvo refers to a reaction perpetrators of wrong doing, particularly sexual offenders, may display in response to being held accountable for their behavior. DARVO stands for "Deny, Attack, and Reverse Victim and Offender." The perpetrator or offender may Deny the behavior, Attack the individual doing the confronting, and Reverse the roles of Victim and Offender such that the perpetrator assumes the victim role and turns the true victim -- or the whistle blower -- into an alleged offender. This occurs, for instance, when an actually guilty perpetrator assumes the role of "falsely accused" and attacks the accuser's credibility or even blames the accuser of being the perpetrator of a false accusation.

So, Susanne Staun is using the psychologizing aspect of ad hominem move and the NewSpeak technique in a way, that if anybody critizices her, they will be reminded that they now are using Darvo, and is a potential sex offender. They have committed a thought crime. Darvo is a psychological term that should be limited to use in criminal cases and not in a public debate against anybody who critizices.

Susanne Staun could in this way be a character in Wonderland (see my pop culture file on <u>Alice in Wonderland</u>. Also see my article <u>The New Feminism and the Philosophy of Womens Magazines</u>).

NewSpeak is closely connected with thought distortions such as *Magical thinking*, *Confabulation and That's judgmental*.

"War is peace" and "freedom is slavery" are good examples of Doublethink. Though contradictory by definition, they are both accepted as correct, simultaneously, by the citizens of Oceania. This means that even though Oceania is in a constant state of war, the people are acting like there is peace as well, hence they can easily switch from one emotion to the other, in accordance to what The Party asks of them.

"Freedom is slavery" also acts as a subconscious discouragement for anyone who might consider seeking freedom, whilst the last part of the slogan, "Ignorance is strength," encourages the people to accept as fact everything that The Party tells them, without using rational thinking. Believe and never question! This sounds like "follow your intuition, or your feelings! Rational thinking is negative!"

For example, even though there is a constant shortage of everything, and the people make great efforts to get ahold of the most basic things (e.g. shoe laces or shaving razors), they are convinced that there is, in fact, an abundance — only because The Party keeps repeating this everyday. In their highly conditioned minds, it can be both scarcity and abundance, at the same time.

Even in a corrupted semi-democracy, like ours, it is hard to believe that paradoxes like: "war is peace, freedom is slavery, ignorance is strength" could make any sense — but they do.

The concept of "war is peace" is used today by the United States of America and NATO, when they engage in the so called "preemptive wars." The term itself is a paradox, because one cannot start a war in order to prevent it.

"Freedom is slavery" is the very foundation of our global society, and the biggest and most ignored problem of a so-called democracy. All human beings are in fact "currency slaves," meaning that they must work to survive (though physical labor could have been abolished by now), but at the same time, almost all of them strongly believe they are free.

I urge all those who consider themselves free, to stop paying taxes for the already "owned" possessions (e.g. house, car, land, etc.) and see what happens.

Any deviation from the socially accepted norm (which today is controlled by the Matrix Conspiracy) is swiftly fought and corrected by society, with the help of the individuals who believe in the Matrix Conspiracy – the Matrix Sophists. We are both prisoners and prison masters, constantly policing ourselves and each other. And even though we are not aware of it, we are all subjects to carefully designed mind programming, indoctrination and brainwashing, from birth to death.

Instances of gaslightning may range from the denial by an abuser that previous abusive incidents ever occurred up to the staging of bizarre events by the abuser with the intention of disorienting the victim. The term owes its origin to a 1938 play Gas Light and its 1944 film adaptation. The term has been used in clinical and research literature, as well as in political commentary.

The term originates in the systematic psychological manipulation of a victim by the main character in the 1938 stage play Gas Light, known as Angel Street in the United States, and the film adaptations released in 1940 and 1944. In the story, a husband attempts to convince his wife and others that she is insane by manipulating small elements of their environment and insisting that she is mistaken, remembering things incorrectly, or delusional when she points out these changes. The original title stems from the dimming of the gas lights in the house that happened when the husband was using the gas lights in the attic while searching for hidden treasure. The wife accurately notices the dimming lights and discusses the phenomenon, but the husband insists that she just imagined a change in the level of illumination.

The term "gaslighting" has been used colloquially since the 1960s to describe efforts to manipulate someone's perception of reality. In a 1980 book on child sexual abuse, Florence Rush summarized George Cukor's Gaslight (1944) based on the play and wrote, "even today the word [gaslighting] is used to describe an attempt to destroy another's perception of reality."

In my article <u>Humanistic Psychology</u>, <u>Self-help and the Danger of Reducing Religion to Psychology</u> I claim that if a person really succeeds in adopting the advices of the self-help books she really gets a problem. Not only does she have to fight with the never-ending development, and the egoism. She is also becoming a serious problem for her surroundings. Because she is now, as the Danish psychologist, Nina Østerby Sæther, says, a potential psychopath.

On a course about psychopaths Nina Østerby Sæther realized, that there were many similarities between psychopathic traits, and the advices, which are given in self-help books. It made her point out some frightening resemblances.

Sociopaths and narcissists frequently use gaslighting tactics. Sociopaths consistently transgress social mores, break laws, and exploit others, but typically also are convincing liars, sometimes charming ones, who consistently deny wrongdoing. Thus, some who have been victimized by sociopaths may doubt their own perceptions (note that the installation of the victimization culture is an important tactic of the fascistic propaganda program of the Matrix Conspiracy – see my article

The Hermeneutics of Suspicion (the Thought Police of the Self-help Industry) and Why I am an Apostle of Loafing).

Some physically abusive spouses may gaslight their partners by flatly denying that they have been violent. Gaslighting may occur in parent—child relationships, with either parent, child, or both, lying to each other and attempting to undermine perceptions.

An abuser's ultimate goal is to make their victim second guess their every choice and question their sanity, making them more dependent on the abuser. A tactic which further degrades a target's self-esteem is for the abuser to ignore, then attend to, then ignore the victim again, so the victim lowers their personal bar for what constitutes affection and perceives themselves as less worthy of affection.

Gaslighting may be experienced by victims of school bullying – when combined with other psychological and physical methods, the result can lead to long-lasting psychological disorders and even progress into illnesses such as depression or avoidant personality disorder.

Gaslighting describes a dynamic observed in some cases of marital infidelity: "Therapists may contribute to the victim's distress through mislabeling the woman's reactions. [...] The gaslighting behaviors of the spouse provide a recipe for the so-called 'nervous breakdown' for some women [and] suicide in some of the worst situations." (Gaslightning is repeatedly being used in all kinds of crazy New Age therapies my articles <u>Spiritual Vampires</u> and <u>The Vampirised Spirit of John Rosen</u> and my book <u>Lucifer Morningstar – a Philosophical Love Story</u>).

How, given the recent and sorry story of ideologically motivated conceptions of knowledge – Lysenkoism in Stalin's Soviet Union, for example, or Nazi critiques of "Jewish science" – could it again have become acceptable to behave in this way? In my article The Sokal Hoax you can read more about this development.

In my entry on <u>Doublethink</u> I give a fuller description of the propaganda of the Matrix Conspiracy Fascism.

Critical thinking, or philosophy, is in opposition to thought distortions. Critical thinking is about spotting thought distortions, and examining them by presenting reasons and evidence in support of conclusions (see my article <u>The Difference between Philosophical Education and Ideological Education</u>).

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